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Marijuana Brownies Incredible Edible

Recipe Description:

Marijuana brownies recipe for those who love a dense, fudgy brownie and need an edible to medicate.

| Prep Time | Cook Time | Total Time | Recipe Serves | Recipe Yield |
|-----------|-----------|------------|---------------|--------------|
| 25 min | 30 min | 55 min | 24 | 24 Pieces |

Equipment Needed:

Large heatproof glass bowl
 Small pot (to simmer water)
 Wooden spoon
 8" x 8" baking pan
 2 10" x 10" pieces of parchment paper

Ingredients Needed:

3/4 Cup unsweetened cocoa powder
 1 1/4 Cups white sugar
 1/2 Teaspoon instant coffee (or 1 tbs cold coffee)
 11 Tablespoons of Cannabutter
 1/4 Teaspoon sea-salt
 1/2 Teaspoon pure Vanilla extract
 2 Extra large Eggs
 1/2 Cup All Purpose Flour

Directions:

1. Move an oven rack to the middle rack. Preheat your oven to 325°

Nutrition Facts

| | | |
|---------------------------|---------------------|--------------|
| Serving Size | 20g | |
| Yields | 24 | |
| Amount Per Serving | | |
| Calories 62 | Calories from Fat 7 | |
| % Daily Value * | | |
| Total Fat 1g | 1% | |
| Saturated Fat 0g | 2% | |
| <i>Trans</i> Fat 0g | | |
| Polyunsaturated Fat 0g | | |
| Monounsaturated Fat 0g | | |
| Cholesterol 16mg | 5% | |
| Sodium 7mg | 0% | |
| Total Carbohydrates 14g | 5% | |
| Dietary Fiber 1g | 4% | |
| Sugars 10g | | |
| Protein 1g | | |
| Vitamin A | 0% | Vitamin C 0% |
| Calcium | 1% | Iron 3% |

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

2. Place the first piece of parchment paper in the 8×8 pan. You'll notice the other sides are bare. Place your other piece of parchment paper in the pan which will then cover all sides. Parchment paper makes it simple to remove from the pan... you'll see.
3. Fill your simmering pan halfway with water and heat to a low simmer. We are using this to melt the butter mixture in the following step.
4. In your large heatproof glass bowl, combine the sugar, cocoa and salt thoroughly. Next, add in the cannabutter and combine as well you can.
5. Set the glass bowl over the simmering pot of water. Stir until the butter has melted and the ingredients have melted well. Remove the bowl from the pot and turn off the heat to the simmering water pot. Let the mixture cool down a tad, but not too cool. It has to be very warm to the touch.
6. Add in the Vanilla and stir. Now add in the eggs stirring constantly. The batter should look very shiny at this point.
7. Add in the flour. Stir well enough until you can't see the flour in the mix.
8. Place the gooey mess into the 8×8 pan and spread evenly. It often helps to wet the spatula or wooden spoon so the mixture doesn't stick.
9. Bake 25 – 30 minutes (all ovens are different). Test with a toothpick. When the marijuana brownies are ready, the toothpick will be just slightly moist when pulled out of mix.
10. Remove from the oven and immediately remove from the 8×8 pan. You should be able to grasp the corners of the parchment paper to remove the marijuana brownies and place on a cooling tray. The objective here is to stop/minimize the cooking process.
11. Let cool. Cut, serve... medicate.

Notes:

Edibles are different than smoking in that the patient won't get the benefits of medical marijuana straight away. This is how some people use more than they should to self-medicate.

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